



## ALMOND PROMISE

<sup>11</sup> Moreover the word of the LORD came unto me, saying, Jeremiah, what seest thou? And I said, I see a rod of an almond tree. <sup>12</sup> Then said the LORD unto me, Thou hast well seen: for I will hasten My word to perform it. ~ Jeremiah 1:11-12 (KJV)



The seeds of *Prunus dulcis* var. *dulcis* (almond tree) are predominantly sweet. The Hebrew word 'luz', translated "hazel" in the King James Bible (Genesis 30:37), is translated as "almond" in the Revised Version, New King James Version, New International Version and the New Revised Standard Version. Thus, my newly created pattern for this cowl is entitled, "Almond Promise", in recognition that God will never fail to keep His word and hasten to perform it.

**Difficulty Level:** Beginner to Intermediate

**Yarn:** 2 skeins Premier Yarns: Deborah Norville Collection - Serenity™ in Almond; Color #DN500-01 Lot 56438; 109yds/100m 3.5oz/100g; 100% Acrylic; Bulky (5)

**Loom:** Knifty Knitter 11.5" Diameter (XLG) Yellow Round Loom (41 pegs)

### **Other Materials Needed:**

Loom Hook

Large blunt tip needle

Stitch markers

Stitch holders

2 Gold #10, sew-on snaps

2 wood flower buttons [sz 1 1/8 (28mm)]

**Gauge:** Gauge is not necessary for this pattern.

**Note:** Read ALL these instructions thoroughly BEFORE starting to knit. Photos are included to help clarify a technique or movement.

### **Abbreviations:**

K = knit

P = purl

HH = half hitch

St(s) = stitch(es)

Row(s) = row(s)

St mrkr = stitch marker

St hldr = stitch holder

Dec = decrease

Sc = single crochet

Dc = double crochet

Slst = slip stitch

Rep = repeat

CO = cast on

BO = bind off

Rem = remaining

TWS = twisted stockinette

## **Loom Techniques:**

### **E-wrap Cast-on:**

“Tie a slipknot leaving a 3-inch tail and place on peg 1. With your working yarn held in your right hand, wrap each peg in a counterclockwise direction with the yarn crossing on the inside of the loom. Wrap each peg in this manner moving across the loom from right to left.” (Novelli, 2006-2010)

### **Half hitch Stitch:**

This stitch will begin each return row and is used instead of an actual stitch to give a more even and attractive edge.



To begin each row, create an e-wrap loop {working yarn tail on bottom, as shown in photo 1}. Place loop onto last peg of row, then bring working yarn up and e-wrap pegs going back in opposite direction {see photos 2-4}. Ensure end peg loop is uniformly tight; there are now two loops on end peg.



Do not knit off until return row as a 2 over 1 knit off {see photos 5-7}.

### **Backstitch BO:**

Wrap working yarn around pegs with sts 2.5 times, cut. Using tapestry needle and working from left to right; thread yarn, weave through first st, and pull through. Weave yarn through front of 2<sup>nd</sup> st and back of 1<sup>st</sup> st; then through front of 3<sup>rd</sup> st and the back of the 2<sup>nd</sup> loop, tightening uniformly as you go. Repeat this process until last st is reached, then fasten off by passing yarn through last st twice.

## **Instructions:**

—Make a slipknot and place on front peg of loom, e-wrap CO 41 pegs. **Do not join.**

### **Cowl:**

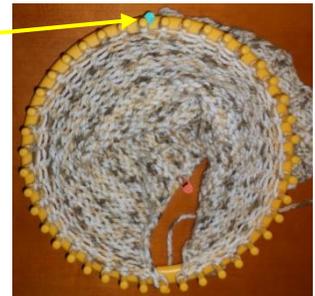
1. K1, \*P2, K2; rep from \* across.
2. HH, K1; \*P2, K2; rep from \* across, end with K1.
3. HH, \*P2, K2; rep from \* across.
4. Repeat step 2.
5. HH, K1; \*P2, K2; rep from \* across.
6. Repeat step 2.
7. HH, P1; \*K2, P2; rep from \* across.
8. Repeat step 2.
9. HH, \*K2, P2; rep from \* across.

10. HH, P1; \*K2, P2; rep from \* across, end with K1.
11. Repeat step 3.
12. Repeat step 2.
13. Repeat step 9.
14. HH, P1; \*K2, P2; rep from \* across, end with P1.
15. Repeat step 3.
16. Repeat step 2.
17. Repeat step 9.
18. Repeat step 14.
19. Repeat step 9.
20. Repeat step 7.

At this point, the cowl should measure approximately 4in or 5.1cm.

### Hoodie:

1. HH, e-wrap (TWS) knit next 40 pegs.
2. Repeat step 1, until 26 rows completed.
3. Tapered top:
  - a. Divide loom into 2 sections having 20 pegs each, with 1 peg rem in middle. Place a stitch marker on middle peg.
  - b. On both sides of middle peg, decrease 1st by moving loop from 2<sup>nd</sup> peg to middle peg over to the peg next to the middle peg.
  - c. Move all rem loops on either side over to remove holes made by empty pegs (39sts rem).
  - d. HH, e-wrap (TWS) K 2 R
  - e. Repeat steps 3b-3d 4times, until 33sts rem. (34rows)
  - f. Repeat step 3d. (36rows)
  - g. Remove 16sts from one side of middle peg to st hldr (or ravel cord); remove rem 17 sts to 2<sup>nd</sup> st hldr (or ravel cord).
  - h. Turn piece inside out and replace 17sts from st hldr (ravel cord) on to pegs; ensuring 1<sup>st</sup> loop is placed on middle marked peg and working yarn is on left-hand side.
  - i. Skipping 17<sup>th</sup> peg, replace loops from 2<sup>nd</sup> st hldr (ravel cord) onto same 16 pegs. (Each peg now has 2 loops, except 17<sup>th</sup>.)
  - j. Remove loop from 17<sup>th</sup> peg and place it on 16<sup>th</sup> peg; (peg now has 3 loops).
  - k. Knit off pegs, with last peg being a 2 over 1 knit off.
  - l. Backstitch BO; secure and weave in all loose ends.



Here are photos of how the hoodie looks after tapering and binding off with the above method.



### **Edging:**

1. With piece right side out, line up the edges, place a st mrkr in the stitch along the left edge, which marks where the cowl and hoodie portions meet.
2. Place another st mrkr in the stitch at the bottom right edge of the cowl portion.
3. Attach working yarn in the stitch with the first st mrkr using a sc stitch.
4. \*Skip 2sts, 5dc in next st; skip 2sts, sc in next st; rep from \* around, ending with 3dc in st marking bottom edge of cowl on the right side.
5. Turn, ch 1; \*skip 2sts, 5dc in next st; skip 2sts, sc in middle st of previous shell; rep from \* around to 1<sup>st</sup> shell of previous row; sc in middle st.
6. Cut yarn leaving 6-8in tail, bind off and secure.
7. Weave in all loose ends.



### **Closure:**

1. With piece facing right side out, line up snaps along right edge of cowl portion; and sew top part in place on the inside of piece using an unwound strand of working yarn.
2. Using unwound strand of yarn, sew on bottom side of snap along the outside left edge of cowl portion; remembering to line up with right side first.
3. Line up button decorations on outside of piece above top of snaps on the right side of the cowl. Using unwound strand of yarn, sew each in place.



### **Finishing:**

1. Wash in warm water, rinsing well. Wring out excess moisture with towel and lay flat to dry. {May also tumble-dry on lowest heat setting for 10-15 minutes.}
2. Shape and wear!

