Emphathy's Heart Potholder

Skill Level: Beginner to Advanced Beginner

Materials:
- Any 4ply yarn in choice of colors
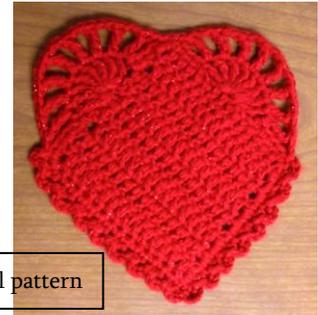- Size H/8/5mm crochet hook (medium)
- Tapestry needle

Stitches Used:
- Slip Stitch (sl st)
- Single Crochet (sc)
- Double Crochet (dc)
- Treble Crochet (trc)

Gauge: not required

Abbreviations:
- ch – Chain
- ea – Each
- sk - Skip
- st(s) – Stitch(es)
- yo – Yarn over

8st-shell pattern

12st-shell pattern

Pattern Notes:

I saw a basic picture of this piece, but the site to which it is associated is no longer active. So after hours of searching the web for a pattern—to no avail—I spent another number of hours crocheting and writing my own pattern. Then, crocheting and revising it to include picot pearl edging, and to use either an 8st- or 12st-shell for the heart bumps. Once I completed the first sample to my liking (8st-shell), I was able to follow these instructions again using the 12st-shell. Except this time, I used two different colors of yarn. Steps 1-4 are the same for both the 8st- and 12st-shell potholder.
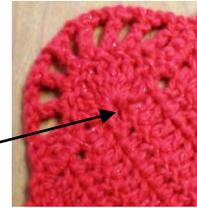
INSTRUCTIONS

Chain 18.

1. Dc in 3rd ch bump—this is the loop found on the bottom of each chain—from hook; dc in ea ch across. Chain 2 {Ch 2 counts as 1st dc on next row.}, turn. (16sts)
2. Dc in 2nd st and in each across; ch 2, turn. (16sts)
3. Repeat step 2, for a total of 8 rows. (16sts ea row)
4. Sc evenly around entire piece, placing 2sc in ea corner. Sl st last sc to first sc.
5. 8st-shell pattern:
   a. Sc in next 5sts, sk 3sts, *yo twice, insert hook under both loops of next st, yo and pull loop through; yo and pull through 2 loops, yo and pull through next 2 loops, yo and pull through last two loops*; repeat * * 7x more in same st. Sk 4sts, sc in 4sts.
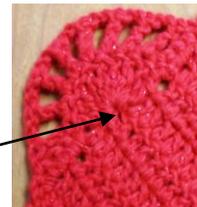
b. 2sc in corner st, evenly crochet 5sc across. Repeat * * from step 5, 8x in st located between 4th and 5th row (see photo). Sk 4sts, sc in next sts across to corner (approx. 5sc); sl st in corner.

Work trc in st located here.

c. Sc in next st, *ch 3, sl st next st, sc in next st*; repeat * * around remaining two sides. Sl st to join.
d. Ch 1, yo twice and work trc in 1st st of previous shell (working for moderate tightness); *ch 1, yo twice and trc in next st*; rep * * 6x more across rem shell sts; ch 1, sl st to corner st.
e. Repeat step d. Cut yarn, leaving 6in tail; bind off and weave in all loose ends.

6. 12-shell pattern:
a. Sc in next 5sts, sk 3sts, *yo twice, insert hook under both loops of next st, yo and pull loop through; yo and pull through 2 loops, yo and pull through next 2 loops, yo and pull through last two loops*; repeat * * 11x more in same st. Sk 4sts, sc in 4sts.
b. 2sc in corner st, evenly crochet 5sc across. Repeat * * from step 5, 12x in st located between 4th and 5th row (see photo). Sk 4sts, sc in next sts across to corner (approx. 5sc); sl st in corner.

Work trc in st located here.

c. Sc in next st, *ch 3, sl st next st, sc in next st*; repeat * * around remaining two sides. Sl st to join.
d. Ch 1, yo twice and work trc in 1st st of previous shell (working for moderate tightness); *ch 1, yo twice and trc in next st*; rep * * 11x more across rem shell sts; ch 1, sl st to corner st.
e. Repeat step d. Cut yarn, leaving 6in tail; bind off and weave in all loose ends.